

# Working with Clients from a Refugee Background A Cross-cultural Trauma Informed Approach

ATT: Mental Health professionals, GPs, Locums, PNs, Community Pharmacists, NPs and Admin staff  
Community workers, Partnership community workers, NGOs



**RASNZ**  
Refugee health  
& wellbeing



**Pegasus**<sup>TM</sup>

## PRESENTERS

Refugees As Survivors NZ is a specialist mental health agency that works with former refugee clients based in Auckland.

Keeping with our goal of supporting services working with former refugee clients, we are delivering a one-day training for health and allied professionals who support clients from a former refugee background.

Please note that this workshop is being provided by RASNZ; however it is not the intention of this session to promote that company's services or to solicit their business in any way.

## MEETING DETAILS

**Date:** Monday 24th Sept

OR

Tuesday 25th Sept

**Time:** 9.00 am – 4.30pm

**Location:** Pegasus Health  
Pegasus House  
1<sup>st</sup> Floor Meeting Rooms  
401 Madras Street  
Christchurch

**Parking:** Please note that visitor parking is strictly limited and patients are our priority. We ask that you park on the street whilst attending this meeting.

**Catering:** Morning tea and a light lunch will be provided – please notify us of any dietary requirements below

**Payment:** There will be no payment for attendance

**Certificates of attendance will be provided on the day**

## MEETING WILL COVER

Topics covered will include:

- The refugee journey
- Understanding trauma in the context of the refugee experience
- An experiential definition of trauma
- The impact of trauma on the brain, the body and families
- What we bring to our work
- Understanding vicarious trauma and self-care
- Discussion of a cross-cultural, trauma-informed framework

*Pegasus Health is a RNZCGP registered Continuing Medical Education (CME) Provider. The Pegasus Health education programme is recognised by PSNZ and is suitable to be included as part of the ENHANCE recertification programme for pharmacists.*

## REGISTRATION

Email your reply to [events@pegasus.org.nz](mailto:events@pegasus.org.nz) or fax on: 03 365 5977 by **Tuesday 18 September**

Please tick the relevant box for the date you would like to attend: **24 Sept**  OR **25 Sept**

**NOTE:** In the event we may need to cancel this meeting, we would like to be able to notify you by text message.

FULL REGISTERED NAME (1 name per form)	PRACTICE	MOBILE	OCCUPATION	DIETARY

We will email confirmation of your place after the closing date. It is vital we have your preferred email address (A 'shared' email address is not recommended). Please advise us of your email address below:

**EMAIL ADDRESS:** .....