

# Training for Health Professionals who work with clients/whānau from Refugee Backgrounds



*Highly informative and enjoyable - the webinar format works well. Still feels intimate and hands on while allowing the opportunity for conversation with others from around NZ- Online Training Participant*

*Thanks for offering this inclusive welcoming workshop. Very informative and enjoyable. All speakers were excellent and made it feel like a friendly safe space. I thought the videos showed were a great way to get a visual illustration of what had been talked about.- Training Participant*

*Many thanks for hosting us and sharing with us in a way that will make a difference to our service delivery moving forward. I think we grew as a team also with the sharing opportunities which was valuable for us. - Training Participant*

## Training Costs

Full day training:

**\$850 +GST** (trainings are facilitated by two trainers and cost includes preparation of training)

Half day training (up to 4 hours):

**\$425 +GST** (trainings are facilitated by two trainers and cost includes preparation of training)

**By negotiation for NFP charities**

For more information please contact [Annette@rasnz.co.nz](mailto:Annette@rasnz.co.nz)

## Working with Clients from a Refugee Background: A Cross-cultural Trauma- informed Approach

This workshop is designed to introduce practitioners to a cross-cultural model of working with individuals and families from a refugee background. The training will provide an understanding of the refugee journey to New Zealand and explore the impact of stressors, both along the way and on arriving to New Zealand. Using case examples and participant discussions we will look to understand the impact of trauma on the brain, on the body, and on families. Participants will also be challenged to explore their own experiences and assumptions about culture and working with ethnically diverse groups to understand how this might impact the work they do. By the end of the workshop, participants will feel confident in applying the cross-cultural trauma-informed practice model to their work with people from refugee backgrounds.



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Refugee health  
& wellbeing