

Empowering Communities and Service Providers to Support Former Refugee Whānau



Highly informative and enjoyable - the webinar format works well. Still feels intimate and hands on while allowing the opportunity for conversation with others from around NZ- Online Training Participant

Thanks for offering this inclusive welcoming workshop. Very informative and enjoyable. All speakers were excellent and made it feel like a friendly safe space. I thought the videos showed were a great way to get a visual illustration of what had been talked about.- Training Participant

Many thanks for hosting us and sharing with us in a way that will make a difference to our service delivery moving forward. I think we grew as a team also with the sharing opportunities which was valuable for us. - Training Participant

Training Costs

Full day training:

\$850 +GST (trainings are facilitated by two trainers and cost includes preparation of training)

Half day training (up to 4 hours):

\$425 +GST (trainings are facilitated by two trainers and cost includes preparation of training)

By negotiation for NFP charities

For more information please contact Annette@rasnz.co.nz

RASNZ is a specialist mental health agency which works with former refugee clients in the Auckland region. We are delivering training (online or Face to Face) for service providers and community groups in health, education, social service, resettlement and other sectors in keeping with our goal of supporting co-providers to provide responsive and culturally appropriate care.

POSSIBLE CONTENT:

- The refugee journey
- Support systems in Aotearoa
- Applying a cross-cultural trauma informed model
- The impact of trauma
- Intercultural competency
- Acculturation and integration issues
- Recognising the signs of trauma, depression and anxiety
- Cultural responses to health and mental health issues



RASNZ
Refugee health
& wellbeing