

RASNZ Welcoming Schools Programmes

Empowering Schools to Support Former Refugee Whānau



RASNZ Welcoming Schools consists of three optional components:

(Components can be tailored to the needs of your school community)

- ***RASNZ Cross-cultural Trauma Informed training for school staff - This approach will acknowledge schools' contribution to the processes of recovery, resettlement and integration for young people and parents from refugee backgrounds.***
- ***School based, fun empowerment programmes for youth from refugee backgrounds - This approach leads to better connection between students from refugee backgrounds and support staff within school communities***
- ***School Presentations and Classroom Workshops - This approach is aimed at the wider school community, to build understanding and empathy for the refugee journey.***

RASNZ is a specialist mental health agency which works with former refugee clients in the Auckland region and is available to support service providers nationwide. We are delivering training (online or Face to Face) for service providers and community groups in health, education, social service, resettlement and other sectors in keeping with our goal of supporting co-providers to provide responsive and culturally appropriate care.

POSSIBLE TRAINING CONTENT

- The refugee journey
- Support systems in Aotearoa/New Zealand
- Applying a cross-cultural trauma informed model
- The impact of trauma
- Intercultural competency
- Acculturation and integration issues
- Recognising the signs of trauma, depression and anxiety
- Cultural responses to health and mental health issues

For more information please contact

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RASNZ
Refugee health
& wellbeing

