**RASNZ Regional Mobile Team Self-Referral Form (Adult)**

*Please assist us in providing all information requested in this electronic form.*

*Print completed form and Fax referral to (09) 620 2542 or E-Mail to* [*enquiry@rasnz.co.nz*](mailto:enquiry@rasnz.co.nz)

*On receiving a completed form, RASNZ will contact you within 2 weeks to further discuss your referral*

**Client Details**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Referral Date** |  | | | | **NHI** | | |  | | |
| **Surname / Family Name** |  | | | | **Given Names** | | |  | | |
| **Pronouns**  ***(****e.g., she/her)* |  | | | | **Date of Birth** | | |  | | |
| **Age** |  | | | | **Nationality** | | |  | | |
| **Gender** | Choose an item | | | | **Date arrived NZ** | | |  | | |
| **Refugee Status** |  | Quota Refugee |  | Asylum Seeker | |  | Convention Refugee | |  | Family Reunification |
| **Original settlement location in NZ** |  | | | | **Date moved to Auckland** | | |  | | |
| **Current Address** |  | | | | | | | | | |
| **Phone Number** |  | | | | **Mobile Number** | | |  | | |
| **Email Address** |  | | | | **Okay to leave messages?** | | | Choose an item. | | |
| **Emergency contact name** |  | | | | **Emergency contact number** | | |  | | |
| **Preferred Language** |  | | | | **Interpreter Required?** | | | Choose an item | | |

**General Practitioner Details** *(GP details are needed to process the referral)*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **GP Name** |  | | | | |
| **Address** |  | | | | |
| **Email** |  | **Phone** |  | **Fax** |  |

**Current Presenting Issues of Concern***(Select all that are applicable)*

|  |  |
| --- | --- |
| Difficulty sleeping |  |
| Appetite Problems |  |
| Experiencing worrying thoughts most of the time |  |
| Feeling sad most of the time |  |
| Feeling stressed and unable to cope most of the time |  |
| Constantly remembering past traumas |  |
| Relationship difficulties |  |
| Feeling isolated |  |
| Feeling hopeless |  |
| Body pains |  |
| Other |  |
| If you have selected other, please describe: | |
| For how long have these issues been a problem: | |
| Impact of these issues on the client’s activities of daily living | Choose an item |

**Have you received any treatment in New Zealand such as medication and/or counselling for your above problems?**

|  |
| --- |
|  |

**If yes, which organization provided you this service?**

|  |
| --- |
|  |

I give RASNZ consent to contact the above stated organization for release of my treatment case notes.

|  |  |  |  |
| --- | --- | --- | --- |
| Signature: |  | Date: |  |

**Client Consent**

|  |  |  |
| --- | --- | --- |
| I |  | agree to this referral. |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Signature: |  | Date: |  | |
|  | | | |  |